

## SIMULTANEOUS DETERMINATION OF LAMIVUDINE AND ZIDOVUDINE USING $\pi$ -ACCEPTORS AS ANALYTICAL REAGENTS: A SPECTROPHOTOMETRIC STUDY

Ravi M.<sup>1</sup>, Veeraiah T.\*<sup>2</sup> and Venkata Ramana Reddy Ch<sup>3</sup>

<sup>1</sup>Department of Chemistry, CMR Institute of Technology, Kandlakoya, Medchal, Hyderabad-501401, Telangana, India.

<sup>2</sup>Department of Chemistry, SAP College, Vikarabad -501101, Telangana, India.

<sup>3</sup>Department of Chemistry, JNTUH College of Engineering, Kukatpally, Hyderabad-500085, Telangana, India.

Corresponding Author: Dr. Veeraiah T.

Department of Chemistry, SAP College, Vikarabad -501101, Telangana, India.

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### ABSTRACT

Based on a new concept of AUC (Area Under Curve), two new sensitive and precise spectrophotometric methods have been proposed and developed for the simultaneous estimation of Lamivudine and Zidovudine in pure mixture and in pharmaceutical binary dosage forms using analytical reagents, DDQ (2,3-Dichloro-5,6-dicyano-1,4-benzoquinone) and *p*-CA (*p*-Chloranilic acid: 2,5-Dichloro-3,6-dihydroxy-1,4-benzoquinone). Method 1 involves the use of DDQ as analytical reagent and the AUC between 390 nm and 690 nm for DDQ was used for determination. Method 2 involves the use of *p*-CA as an analytical reagent and the AUC between 400 nm and 700 nm for *p*-CA was used for determination. The methods developed and construction of calibration curves using two analytical reagents viz., DDQ and *p*-CA are described. Optical and analytical parameters for the individual and simultaneous determination of Lamivudine and Zidovudine using AUC are tabulated. The methods have been validated and compared with HPLC methods in terms of standard deviation, t-tests and F-tests.

**KEYWORDS:** Spectrophotometry; Simultaneous estimation; AUC; Lamivudine; Zidovudine; Combivir tablet; DDQ, *p*-CA; CT- Complex; Validation.

### INTRODUCTION

In continuation of our work in the study of simultaneous determination of individual drugs in their binary dosage forms, the present study is aimed at the development of two sensitive and simple spectrophotometric methods for the simultaneous determination of Lamivudine and Zidovudine in pure mixture and in pharmaceutical binary dosage forms using  $\pi$ -acceptors viz., DDQ (2,3-Dichloro-5,6-dicyano-1,4-benzoquinone) and *p*-CA (*p*-Chloranilic acid: 2,5-Dichloro-3,6-dihydroxy-1,4-benzoquinone) as analytical reagents.

#### Lamivudine

Lamivudine (Fig. 1) is chemically known as 4-amino-1-[(2R, 5S)-2-(hydroxy-methyl)-1,3-oxathiolan-5-yl]imidin-2-(1H)-one. From the measurement of polymerase chain reactions<sup>[1]</sup>, it is confirmed that the combination therapy of Lamivudine with Zidovudine is associated with substantial persistent increase in 4CD cell counts and decrease in HIV RNA. Lamivudine is an anti-retroviral drug belonging to the class of NRTIs

(nucleoside reverse transcriptase inhibitors) and exhibits potent antiretroviral activity.<sup>[2]</sup>

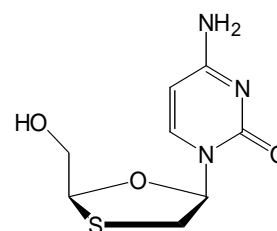


Fig. 1: Structure of Lamivudine.

Literature on the quantification of Lamivudine (LAM) in pharmaceutical forms and in human plasma, saliva, serum, urine and blood plasma has been reviewed thoroughly. UV-spectrophotometric methods based on the measuring the absorbance<sup>[3,4]</sup> and on the formation of colored product by condensation of LAM with aldehydes<sup>[5]</sup> are available for the determination of LAM. The quantitative methods involving redox and complexation<sup>[6]</sup>, using N-bromosuccinimide-celestine blue, cobalt thiocyanate and ammonium molybdate as reagents were reported.<sup>[7]</sup> HPLC techniques for the

determination of LAM in human plasma<sup>[8-10]</sup>, human serum<sup>[11]</sup>, urine<sup>[12]</sup>, cerebrospinal fluid<sup>[13]</sup>, blood plasma<sup>[14]</sup> and blood cells<sup>[15]</sup> were used and reported. Capillary zone electrophoresis<sup>[16]</sup>, titrimetric methods<sup>[17]</sup> and HPTLC method<sup>[18]</sup> were used for the determination of LAM in pharmaceutical forms. HPLC methods<sup>[19-21]</sup> and UV-spectrophotometric methods<sup>[22-24]</sup> have been reported recently for the determination of LAM in combination with other drugs. LAM was also estimated using NaNO<sub>2</sub>-phloroglucinol, Fe (III)-phenanthroline, KBrO<sub>3</sub>-KBr methyl orange and KBrO<sub>3</sub>-KBr indigo carmine.<sup>[25]</sup> RP-HPLC method<sup>[26]</sup> to determine LAM in tablet dosage forms in combination with Zidovudine is available in the literature.

### Zidovudine

Zidovudine (Fig. 2) is chemically 1-[(2R,4S,5S)-4-azido-5-(hydroxymethyl) tetrahydrofuran-2-yl]-5-methylprimidine-2,4(1H,3H)-dione and used as an antiretroviral activity.<sup>[27,28]</sup> Zidovudine (ZID) is official in British pharmacopoeia and European pharmacopoeia.<sup>[29,30]</sup> It is an antiretroviral drug, the first approved for treatment of HIV and AIDS. Like other reverse transcriptase inhibitors, ZID works by inhibiting the action of reverse transcriptase, the enzyme that HIV uses to make a DNA copy of its RNA. The viral double-standard DNA is subsequently spliced into the DNA of a target cell, where it is called a provirus. More severe side effects include anemia and bone marrow suppression. These unwanted side effects might be caused by the sensitivity of the  $\gamma$ -DNA polymerase in the cell mitochondria. HPLC methods<sup>[31]</sup>, spectrophotometric methods<sup>[32,33]</sup> and titrimetric methods<sup>[34]</sup> have been reported for the quantification of ZID in pharmaceutical formulations.

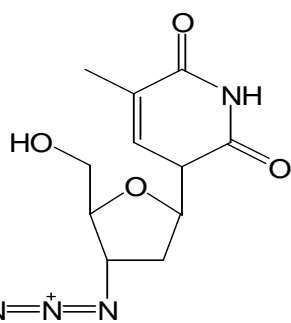


Fig. 2: Structure of Zidovudine.

Analytical methods like spectrophotometric<sup>[35]</sup>, HPLC<sup>[36]</sup> and HPLC-UV<sup>[37]</sup> for the determination of Zidovudine in combination with Lamivudine are available in the literature. A stability indicating RP-HPLC method development and validation for simultaneous determination of Lamivudine and Zidovudine in combined dosage form<sup>[38]</sup> and simultaneous determination of Lamivudine, Zidovudine and Nevirapine in tablet dosage forms by RP-HPLC method<sup>[39,40]</sup> were reported.

Recently the green HPLC quantification method of Lamivudine, Zidovudine and Nevirapine with identification of related substances in tablets<sup>[41]</sup> and the comparative study to access the greenness of four analytical methods for simultaneous estimation of Lamivudine, Zidovudine and Nevirapine in pure form and pharmaceuticals using HPLC<sup>[42]</sup> have been reported. Simultaneous spectrophotometric estimation of Levofloxacin and Azithromycin in their binary dosage form was reported from our laboratory.<sup>[43]</sup> In the present study, two new methods have been developed for the simultaneous estimation of Lamivudine and Zidovudine in their binary dosage forms.

## MATERIALS AND METHODS

### Instruments

The UV-Vis spectra of the study have been recorded on SHIMADZU 140 double beam spectrophotometer and also on ELICO SL 210 UV-Visible double beam spectrophotometer using quartz cells of 10 mm path length. An Elico model Li-120 pH meter was used for pH measurement.

### Materials

DDQ (2,3-Dichloro-5,6-dicyano-p-benzoquinone) was obtained from SD Fine Chemicals. It was recrystallized twice from 3:1 mixture of chloroform and benzene. p-CA (p-Chloranilic acid) supplied by Rolex, Mumbai was used without further purification. HPLC grade acetonitrile was used throughout the work. The drugs Lamivudine, Zidovudine and drug mixture analysed were procured from Dr. Reddy's laboratories and Hetero Drugs Private Ltd, Hyderabad.

### Methods and Calibration

#### Method 1 - DDQ

This method is developed for the simultaneous estimation of drugs in a binary mixture using DDQ (2,3-Dichloro-5,6-dicyano-1,4-benzoquinone) as an analytical reagent. Into a series of 10ml of flasks, different aliquots (1-9ml) of Lamivudine were taken and 1ml of DDQ was added, remaining volume was made up with solvent (Acetonitrile). The contents were shaken well and UV-Vis spectra were recorded. The OD at 480, 540 and 580nm for DDQ anion were noted. The areas under the curve (AUC) between 390nm and 690nm for DDQ were determined from the spectra. AUC<sub>x</sub> was plotted against concentration of Lamivudine. From the slope of the plot K<sub>x</sub> was determined. Similarly, analogous experiments were repeated for determination of K<sub>y</sub> for Zidovudine.

Stock solution of mixture of Lamivudine and Zidovudine was prepared with same ratio as in tablet formulations. From the stock, 1-9 ml of mixture of drugs were taken into series of standard flasks and 1 ml of reagent, DDQ was added. Remaining volume was made up with solvent (Acetonitrile). The contents were shaken well. UV-Vis spectra were recorded. The OD at 480,540 & 580 for DDQ anion were noted. AUC<sub>mix</sub> was plotted against either C<sub>x</sub> or C<sub>y</sub> for calibration.

**Method 2 - *p*-CA**

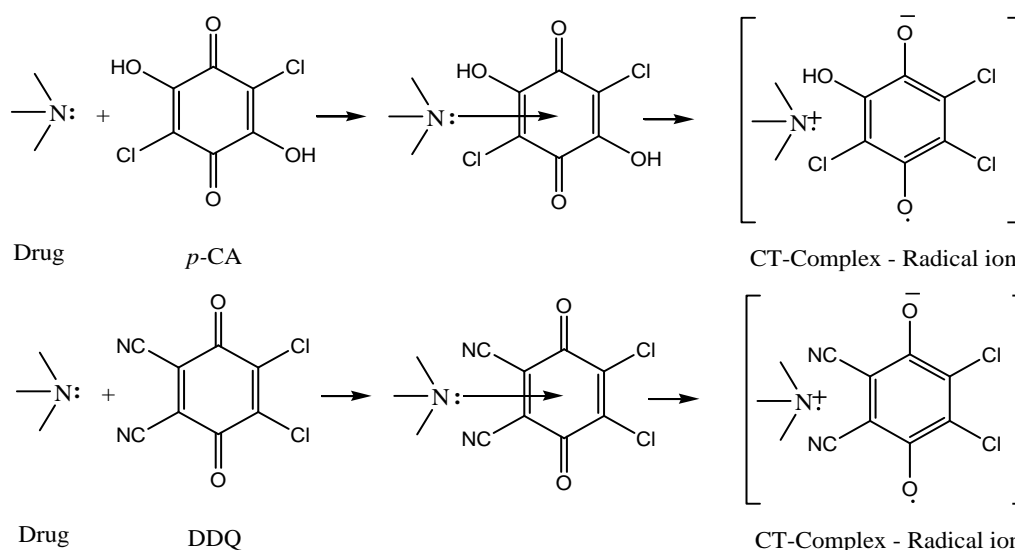
This method is developed for the simultaneous estimation of drugs in a binary mixture using *p*-CA (*p*-Chloranilic acid: 2,5-Dichloro-3,6-dihydroxy-1,4-benzoquinone) as an analytical reagent. Into a series of 10ml of flasks, different aliquots (1-9ml) of Lamivudine were taken and 1 ml of *p*-CA was added, remaining volume was made up with solvent (Acetonitrile). The contents were shaken well and UV-Vis spectra were recorded. The OD at 540nm for *p*-CA anion were noted. The areas under the curve (AUC) between 400nm and 700nm for *p*-CA were determined from the spectra.  $AUC_x$  is plotted against the concentration of drug. From the slope of the plot  $K_x$  was determined. Similarly, analogous experiments were repeated for determination of  $K_y$  for Zidovudine.

Stock solution of mixture of Lamivudine and Zidovudine was prepared with same ratio as in tablet formulations. Form the stock, 1-9 ml of mixture of drugs were taken

into series of standard flasks and 1ml of reagent, *p*-CA was added. Remaining volume was made up with solvent (Acetonitrile). The contents were shaken well. UV-Visible spectra were recorded. The OD at 540nm for *p*-CA anion was noted.  $AUC_{mix}$  was plotted against either  $C_x$  or  $C_y$  for calibration.

**RESULTS AND DISCUSSION**

The Charge Transfer (CT) complexes are formed by the molecular interaction between electron donors and electron acceptors. These electron donor-acceptor interactions can be studied spectrophotometrically for the determination of the drugs since these interactions are generally associated with the formation of intensely coloured charge transfer complexes, which absorb radiation in the visible region. The absorption bands of these complexes can be used for the quantification of electron donor drug molecules (Scheme 1).



**Scheme 1: The molecular structures of  $\pi$ -Acceptors and Charge Transfer complex between Drug and  $\pi$ -Acceptors.**

*p*-CA for example, is an analytical reagent and produces a band at 540nm for *p*-CA anion and is independent of the drug. It is also expected to interact with both the drugs in a binary mixture and exhibits band at 540 nm. As the extent of interaction is different in mixture, it is possible to analyze the concentration of each although the analytical wavelength is same. This prompted the author to give a thought in these lines. For the quantification, generally optical density at  $\lambda_{max}$  is measured against concentration of drug for calibration purpose. The authors thought area under curve (AUC) is more appropriate than the optical density. The authors proposed to measure the area under the curve for individual drugs as well as the mixture in a constant ratio of concentration as in the formulations.

$AUC$  (Area under curve in mixture) =  $AUC_x + AUC_y$   
Where X and Y are two drugs in the binary mixture

$$\begin{aligned} \text{but} & \quad AUC \text{ of X } \propto C_x \\ \text{and} & \quad AUC \text{ of Y } \propto C_y \\ & \quad AUC_x = K_x C_x \\ & \quad AUC_y = K_y C_y \\ & \quad AUC_{mix} = K_x C_x + K_y C_y \end{aligned} \quad \dots (1)$$

Dividing both sides of equation by  $K_x C_x$

$$\begin{aligned} \frac{AUC_{mix}}{K_x C_x} &= 1 + \frac{K_y C_y}{K_x C_x} \\ \text{But } \frac{K_y C_y}{K_x C_x} &= K \text{ (Constant)} \\ \frac{AUC_{mix}}{K_x C_x} &= 1 + K \\ AUC_{mix} &= (1 + K) K_x C_x \\ AUC_{mix} &= (K_x + K_y) C_x \end{aligned} \quad \dots (2)$$

Similarly

$$AUC_{mix} = K_x C_x + K_y C_y$$

Dividing both sides with  $K_y C_y$

$$\frac{AUC_{mix}}{K_y C_y} = 1 + \frac{K_x C_x}{K_y C_y}$$

$$\frac{K_x C_x}{K_y C_y} = K \text{ (Constant)}$$

$$AUC_{mix} = (1 + K) K_y C_y \quad \dots\dots(3)$$

$$AUC_{mix} = (K_y + K \cdot K_x) C_y \quad \dots\dots(4)$$

The equations 2 and 4 imply that  $AUC_{mix}$  is either proportional to  $C_x$  or  $C_y$

By determining the  $AUC_{mix}$  for a mixture of drugs having constant ratio it is possible to construct the calibration curves to find the individual concentrations of drugs in a binary mixture.

Into a series of 10 ml of flasks, different aliquots (1-9ml) of drug Lamivudine were taken and 1ml of DDQ or p-CA was added, remaining volume was made up with solvent acetonitrile. The contents were shaken well and UV-Vis spectra were recorded. The OD at 540nm for p-CA anion and 480, 540 and 580nm for DDQ anion were noted. The area under the curve (AUC) between 390nm and 650nm for DDQ and between 400nm and 700nm for p-CA were determined from the spectra (Fig. 3 and 4).

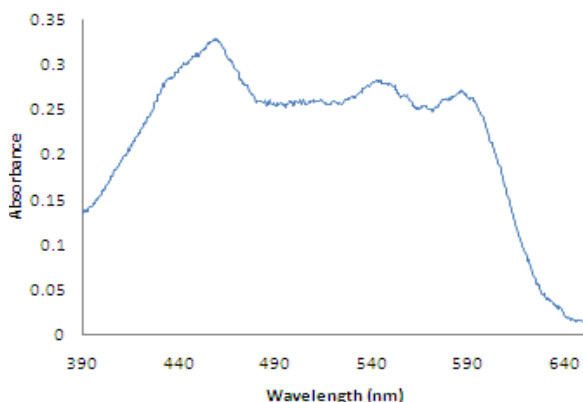


Fig. 3: Charge transfer spectrum of Lamivudine with DDQ.

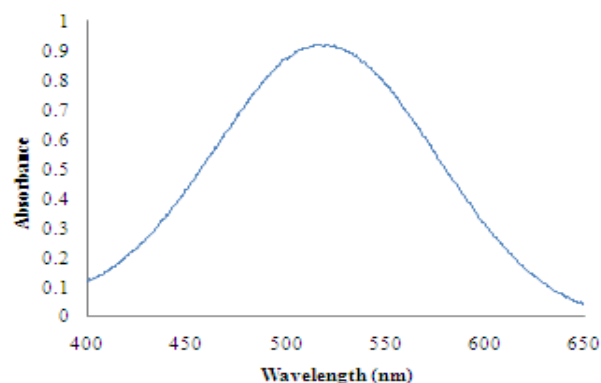


Fig. 4: Charge transfer spectrum of Lamivudine with p-CA.

The plots of  $AUC_x$  vs concentration of Lamivudine with DDQ and p-CA are shown in Fig. 5 and 6.

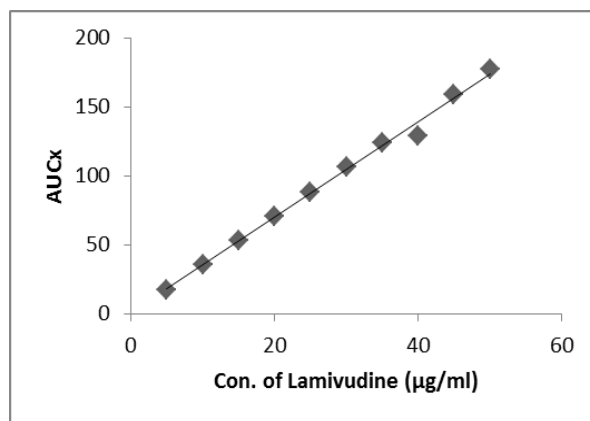


Fig. 5: Plot of AUC vs Con. of Lamivudine-DDQ.

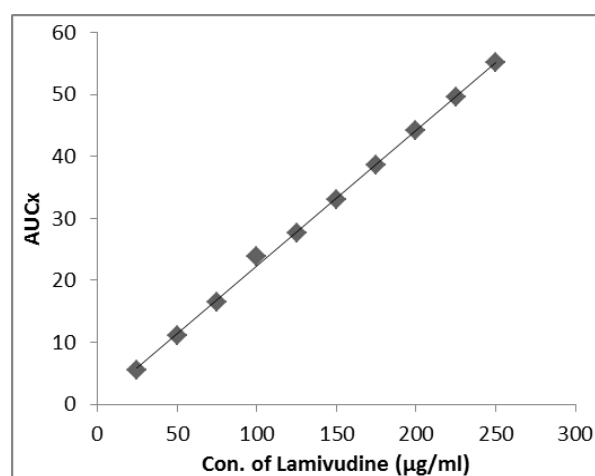


Fig. 6: Plot of AUC vs Con. of Lamivudine -p-CA.

From the slope of the plots  $K_x$  was determined. In the same way, analogous experiments were repeated for determination of  $K_y$  for Zidovudine (Fig. 7, 8, 9 and 10).

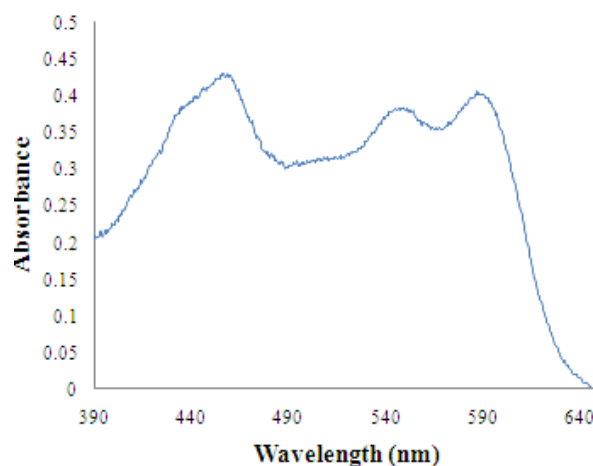


Fig. 7: Charge transfer spectrum of Zidovudine with DDQ.

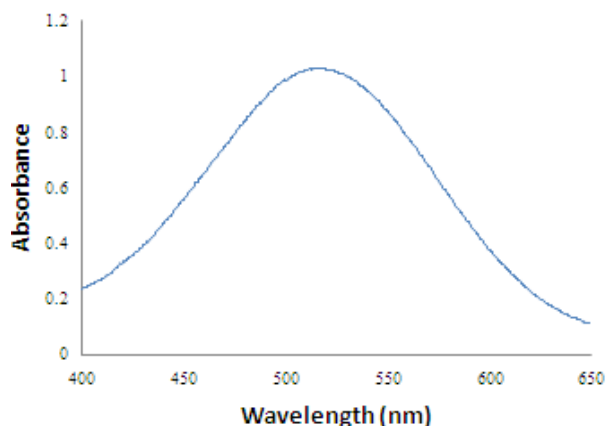


Fig. 8: Charge transfer spectrum of Zidovudine with p-CA

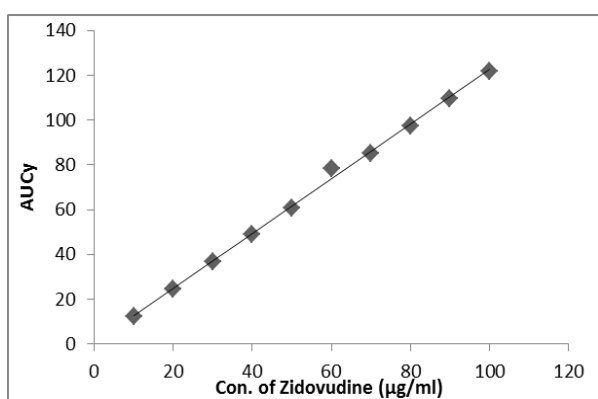


Fig. 9: Plot of AUC vs Con. of Zidovudine-DDQ.

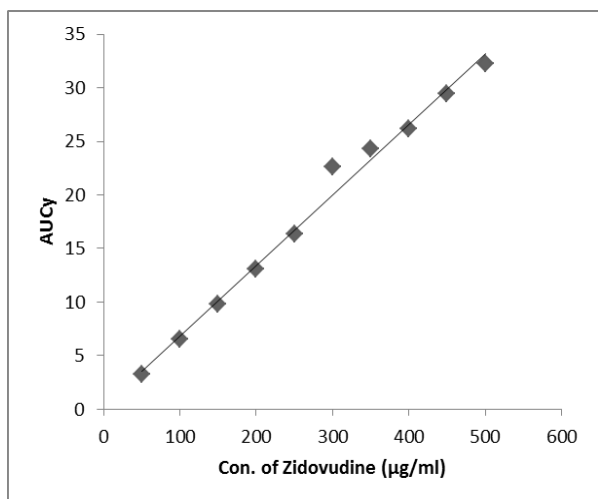


Fig. 10: Plot of AUC vs Con. of Zidovudine- p-CA.

Stock solution of mixture of drugs (Lamivudine and Zidovudine) was prepared with same ratio as in tablet formulations. From the stock 1-9ml of mixture of drugs were taken into series of standard flasks and 1ml of reagent DDQ or *p*-CA was added. Remaining volume was made up with solvent (Acetonitrile). The contents were shaken well. UV-Visible spectra were recorded (Figures 11 and 12). The OD at 540nm for *p*-CA anion and 480, 540 & 580 for DDQ anion were noted. AUC<sub>mix</sub> was plotted either Cx or Cy (Figures 13 and 14).

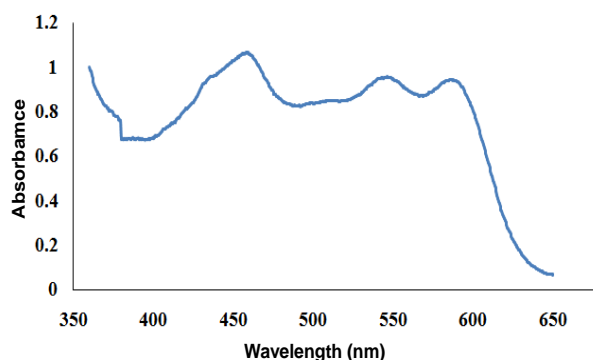


Fig. 11: Charge transfer spectrum of LAM + ZID with DDQ in pure form.

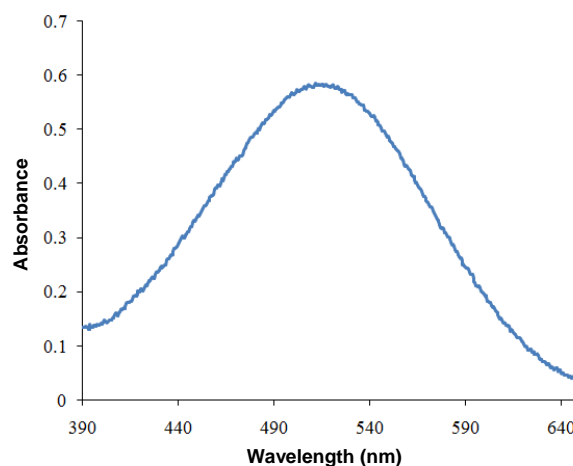


Fig. 12: Charge transfer spectrum of LAM + ZID with p-CA in pure form.

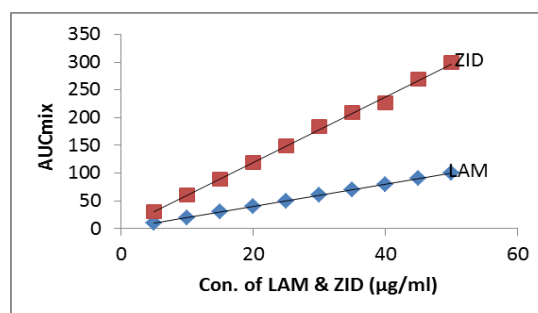


Fig. 13: Plot of AUCmix vs Con. of LAM & ZID-DDQ in pure form.

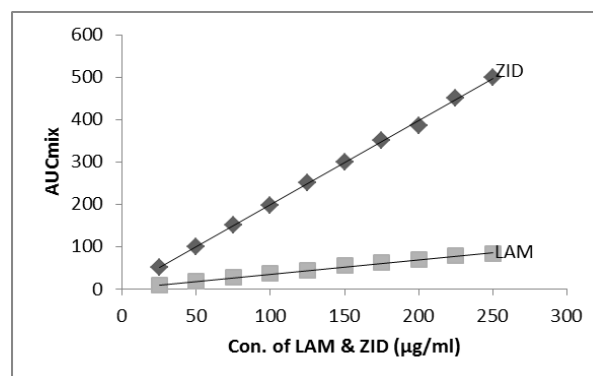


Fig. 14: Plot of AUCmix vs Con. of LAM & ZID -p-CA in pure form.

The optical characteristics and statistical data for the regression equation of the proposed method for the determination of individual drugs (Lamivudine and Zidovudine) are presented in Table 1 and in synthetic

mixture in the ratio of 1:2 (Lamivudine and Zidovudine) of drugs as in tablets using area under curve (AUC) are presented in Table 2.

**Table 1: Optical and analytical parameters for the individual estimation of Lamivudine and Zidovudine using area under curve.**

Parameters	DDQ		<i>p</i> -CA	
	390-650		400-700	
$\lambda$ Lower and $\lambda$ Higher for AUC	390-650		400-700	
Range of concentrations of drugs (mgmL <sup>-1</sup> )	Lamivudine	Zidovudine	Lamivudine	Zidovudine
	5-60	10-120	25-300	50-600
Slope	3.556	1.212	0.218	0.064
Intercept	-0.300	0.433	0.255	0.296
Correlation coefficient	0.999	0.999	0.997	0.999
Residual intercept	0.3090	0.3672	0.1651	0.6190
LOD	0.7	1	2.5	1.5
LOQ	2.31	3.3	8.25	4.95

**Table 2: Optical and analytical parameters for the simultaneous estimation of Lamivudine and Zidovudine in synthetic mixture in the ratio of 1:2 of drugs as in tablet using area under curve.**

Parameters	DDQ		<i>p</i> -CA	
	390-650		400-700	
$\lambda$ Lower and $\lambda$ Higher for AUC	390-650		400-700	
Range of concentrations of drugs ( $\mu$ gmL <sup>-1</sup> )	Lamivudine	Zidovudine	Lamivudine	Zidovudine
	5-100	5-100	25-500	25-500
Slope	1.991	5.88	2.013	0.341
Intercept	0.421	2.416	-2.619	1.132
Correlation coefficient	0.999	0.997	0.999	0.994
Residual intercept	0.3016	0.8912	1.525	0.2583
LOD	0.5	0.5	2.5	2.5
LOQ	1.65	1.65	8.25	8.25

Five different solutions of pure drug mixture in the range of calibration curve were selected and the recovery

experiments were performed. The recoveries and their relative standard deviations are tabulated in Table 3.

**Table 3: Application of proposed methods for the simultaneous estimation of Lamivudine and Zidovudine in the mixture in the ratio of 1:2 of drugs in pure form using area under curve.**

Taken (mg ml <sup>-1</sup> )				Found (mg ml <sup>-1</sup> )				Recovery (%)			
Lamivudine		Zidovudine		Lamivudine		Zidovudine		Lamivudine		Zidovudine	
DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA
5	25	10	50	4.91	25.65	10.02	50.24	98.21	102.6	100.20	100.48
10	50	20	100	10.35	50.26	20.06	100.63	103.50	100.52	100.30	100.63
15	75	30	150	15.15	75.14	30.19	150.12	101.01	101.18	100.63	100.08
20	100	40	200	19.95	99.83	40.86	199.82	99.75	99.75	102.15	99.91
25	125	50	250	25.14	125.04	50.04	250.06	100.56	100.03	100.08	100.02
30	150	60	300	30.08	149.94	59.91	300.15	100.26	99.96	99.85	100.05

SD Proposed method				SD Reference method			
Lamivudine		Zidovudine		Lamivudine		Zidovudine	
DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA
1.7386	1.0740	0.4613	0.2886	1.7645	1.0132	0.3912	0.2996

t-Test				F-test			
Lamivudine		Zidovudine		Lamivudine		Zidovudine	
DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA	DDQ	<i>p</i> -CA
0.0229	0.0896	0.2498	0.0581	1.0300	0.8899	0.7991	1.0776



Similarly, different solutions of Combivir tablets (Lamivudine: Zedovudine 1:2) in the range of calibration curve were chosen and the assay was estimated using the

calibration curve (Figures 15 and 16). The results of the recovery experiments are tabulated in Table 4.

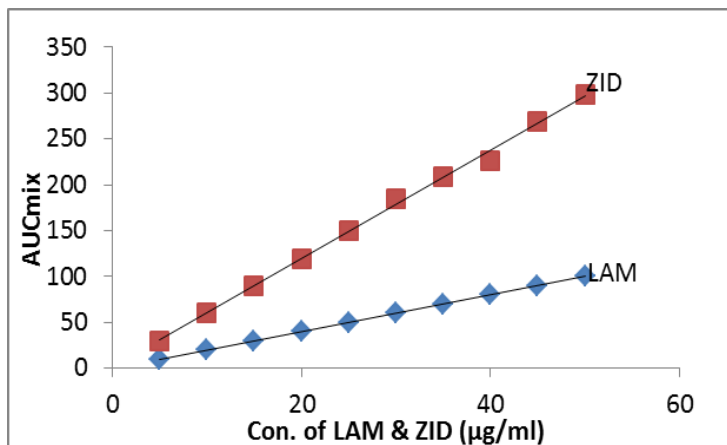


Fig. 15: Plot of AUCmix vs Con. of LAM & ZID-DDQ in dosage form.

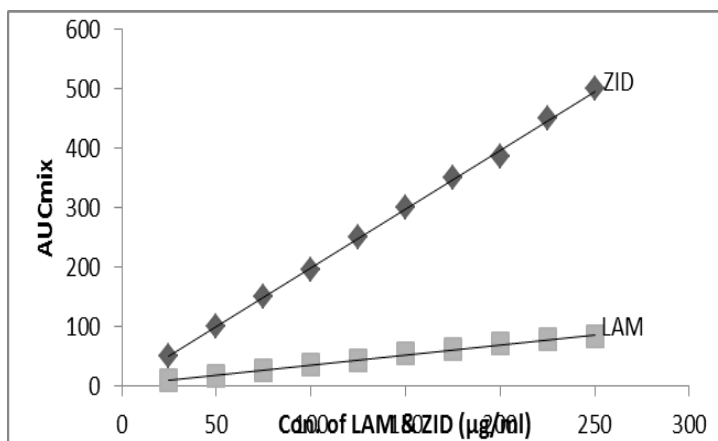


Fig. 16: Plot of AUCmix vs Con. of LAM & ZID-p-CA in dosage form.

Table 4: Application of proposed methods for the simultaneous estimation of Lamivudine and Zidovudine in the mixture in the ratio of 1:2 of drugs in Pharmaceutical form (Combivir tablets) using area under curve.

Taken (mg ml <sup>-1</sup> )				Found (mg ml <sup>-1</sup> )				Recovery (%)			
Lamivudine		Zidovudine		Lamivudine		Zidovudine		Lamivudine		Zidovudine	
DDQ	p-CA	DDQ	p-CA	DDQ	p-CA	DDQ	p-CA	DDQ	p-CA	DDQ	p-CA
5	25	10	50	5.10	25.22	10.05	49.06	102.00	100.88	100.50	98.12
10	50	20	100	10.24	49.94	20.37	99.85	102.40	99.88	101.85	99.85
15	75	30	150	14.78	75.06	30.01	150.26	98.51	100.08	100.03	100.17
20	100	40	200	19.96	100.24	39.46	200.24	99.86	100.24	98.65	100.12
25	125	50	250	25.43	124.92	50.12	250.46	101.72	99.93	100.24	100.18
30	150	60	300	30.26	150.05	59.46	300.16	100.86	100.03	99.12	100.05

SD Proposed method				SD Reference method			
Lamivudine		Zidovudine		Lamivudine		Zidovudine	
DDQ	p-CA	DDQ	p-CA	DDQ	p-CA	DDQ	p-CA
1.4783	0.3683	1.1227	0.8068	1.3682	0.3984	0.9836	0.7067

t-Test				F-test			
Lamivudine		Zidovudine		Lamivudine		Zidovudine	
DDQ	p-CA	DDQ	p-CA	DDQ	p-CA	DDQ	p-CA
0.1188	0.1225	0.2015	0.2018	0.8565	1.1701	0.7675	0.7672

## CONCLUSION

Two new sensitive and precise methods are proposed for the simultaneous determination of Lamivudine and Zidovudine in a binary mixture using  $\pi$  – acceptors, DDQ and *p*-CA. These methods are based on the concept of area under curve (AUC). These methods are tested and validated as per guidelines of the ICH and can be applied for the simultaneous determination of Lamivudine and Zidovudine in a binary mixture in pharmaceutical laboratories.

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