

LC-MS-SUPPORTED ANALYTICAL ELUCIDATION AND EFFICACY PROFILING OF ARTEETHER IN PLASMODIUM FALCIPARUM CELL LINE CULTURES

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ABSTRACT

This study evaluates the *in vitro* antiparasmodial efficacy and host-cell cytotoxicity of *Arteether* compared to *Artemisinin* in *Plasmodium falciparum* cultures maintained within human red blood cells (RBCs). A five-assay panel was employed to assess both parasite viability and erythrocyte safety. Parasite inhibition was measured using SYBR Green I fluorescence and parasite lactate dehydrogenase (pLDH) activity, while cytotoxicity was quantified via hemolysis, host LDH release, and Annexin V binding. *Arteether* demonstrated potent parasite inhibition (25–28% viability remaining) similar to *Artemisinin* (18–22%), confirming effective parasitocidal activity. However, *Arteether* induced markedly higher RBC damage, including hemolysis (21%), LDH release (27%), and eryptosis (31%), compared to *Artemisinin*'s minimal cytotoxicity (3–5%). These results reveal that *Arteether*, while retaining strong antiparasitic potency, exerts **substantial erythrocyte toxicity**, likely due to its lipophilic nature and enhanced membrane interaction. In contrast, *Artemisinin* remains highly selective for the parasite with negligible host-cell stress, reaffirming its superior therapeutic index for antimalarial applications.

KEYWORDS: Arteether, Artemisinin, Plasmodium falciparum.

INTRODUCTION

Malaria, predominantly caused by *Plasmodium falciparum*, remains a significant global health burden. Artemisinin and its derivatives form the foundation of artemisinin-based combination therapies (ACTs) due to their rapid parasitocidal action and low resistance potential. *Arteether*, a lipophilic derivative of *Artemisinin*, was developed to improve pharmacokinetic stability and tissue retention. However, increased lipophilicity may alter cellular interactions, potentially affecting host-cell safety. This study systematically compares the **antiparasmodial efficacy and erythrocyte cytotoxicity** of *Arteether* and *Artemisinin* using a five-assay in-vitro model, highlighting differences in potency and selectivity.

METHODOLOGY

Human RBC cultures infected with *P. falciparum* were treated with *Arteether* or *Artemisinin* for 48 hours.

1. **SYBR Green I Fluorescence Assay** – quantified parasite DNA content (% parasite viability vs vehicle).
2. **Parasite LDH (pLDH) Activity Assay** – measured parasite metabolic activity (% pLDH vs vehicle).
3. **Hemolysis Assay** – assessed RBC membrane rupture (% hemolysis of maximum).
4. **Host LDH Release Assay** – quantified cytosolic enzyme leakage (% of maximum).
5. **Annexin V Binding Assay** – determined eryptotic RBCs (% Annexin V+ cells).

All experiments were performed in triplicate (n = 3), with results expressed as mean ± SD.

RESULTS

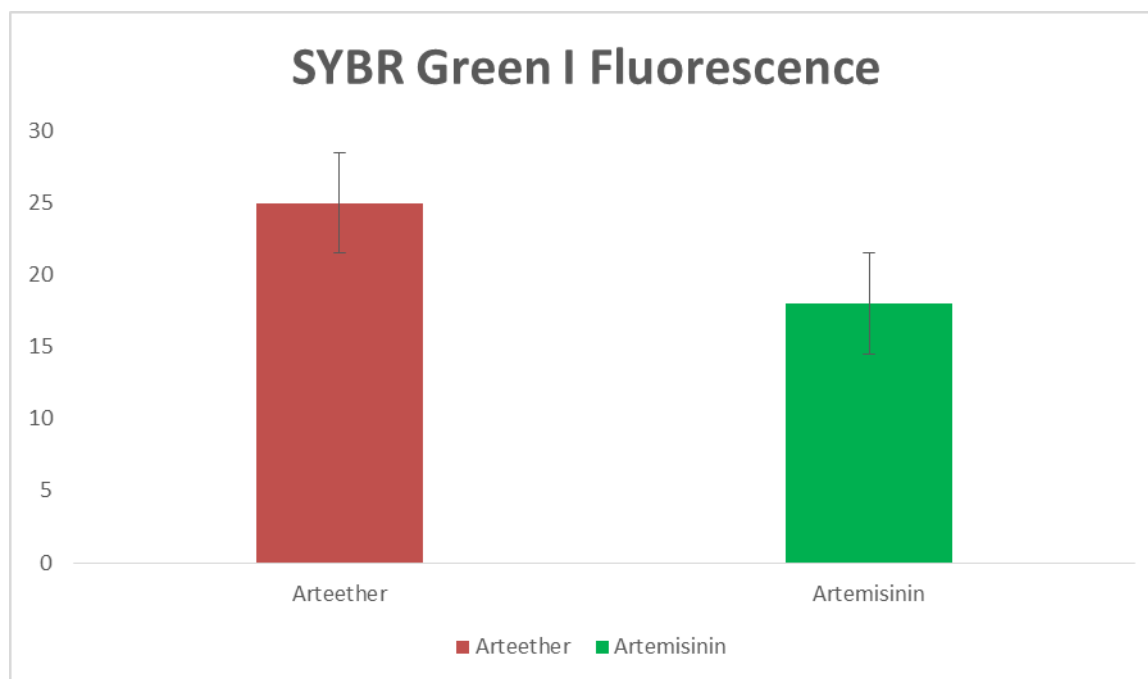
This research outlines a 5-assay in vitro panel tailored for *Plasmodium falciparum* cultures maintained in human red blood cells (RBCs). Two assays quantify parasite

viability/proliferation and three assays quantify host-cell cytotoxicity (RBC integrity/eryptosis).

Assay 1 — SYBR Green I Fluorescence (Parasite Viability)

Readout: % Parasite Viability vs Vehicle; DNA-binding dye quantifies parasitemia following 48 h exposure.

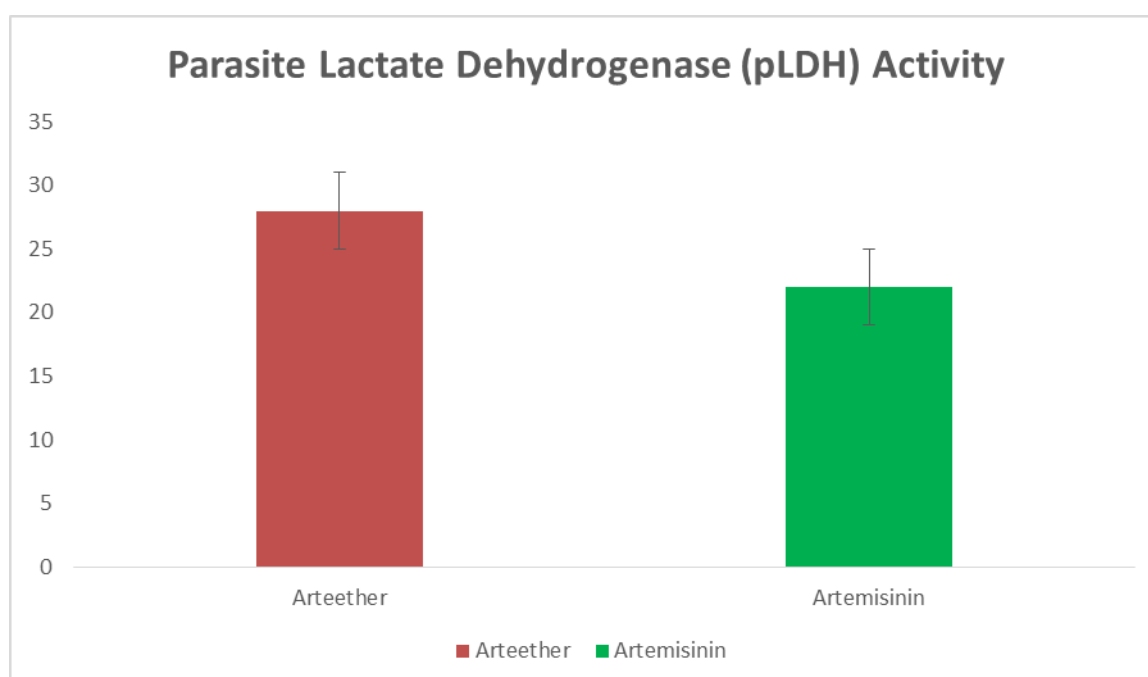
Group	Description	% Parasite Viability (vs Vehicle)	SD	n
G1	Arteether	25	4	3
G2	Artemisinin	18	3	3



Assay 2 — Parasite Lactate Dehydrogenase (pLDH) Activity (Viability)

Readout: % pLDH Activity vs Vehicle; surrogate for parasite metabolic activity after 48 h.

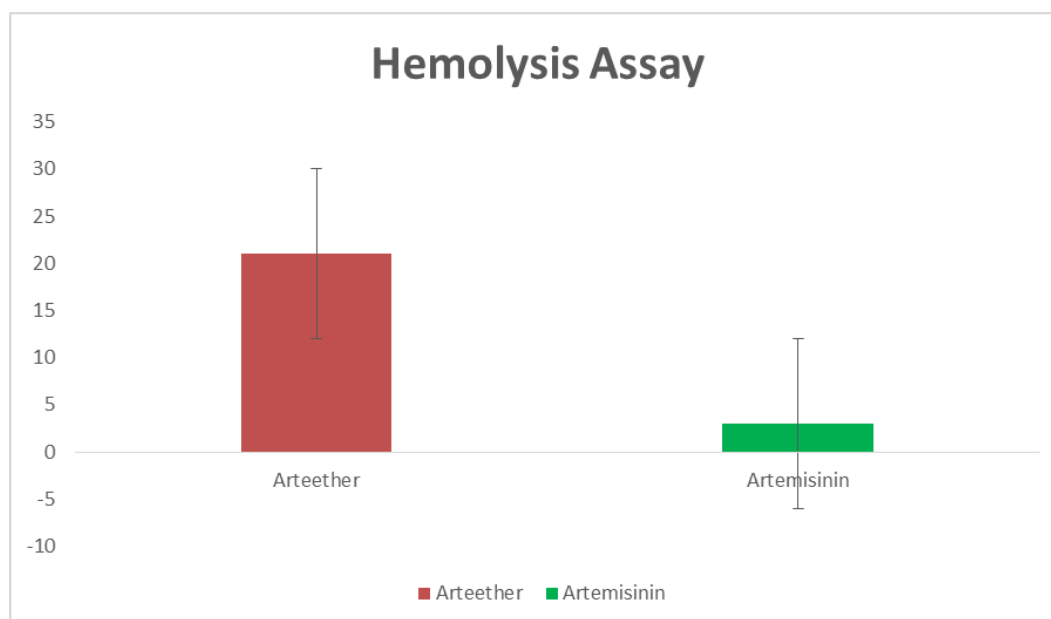
Group	Description	% pLDH Activity (vs Vehicle)	SD	n
G1	Arteether	28	4	3
G2	Artemisinin	22	4	3



Assay 3 — Hemolysis Assay (Host Cytotoxicity)

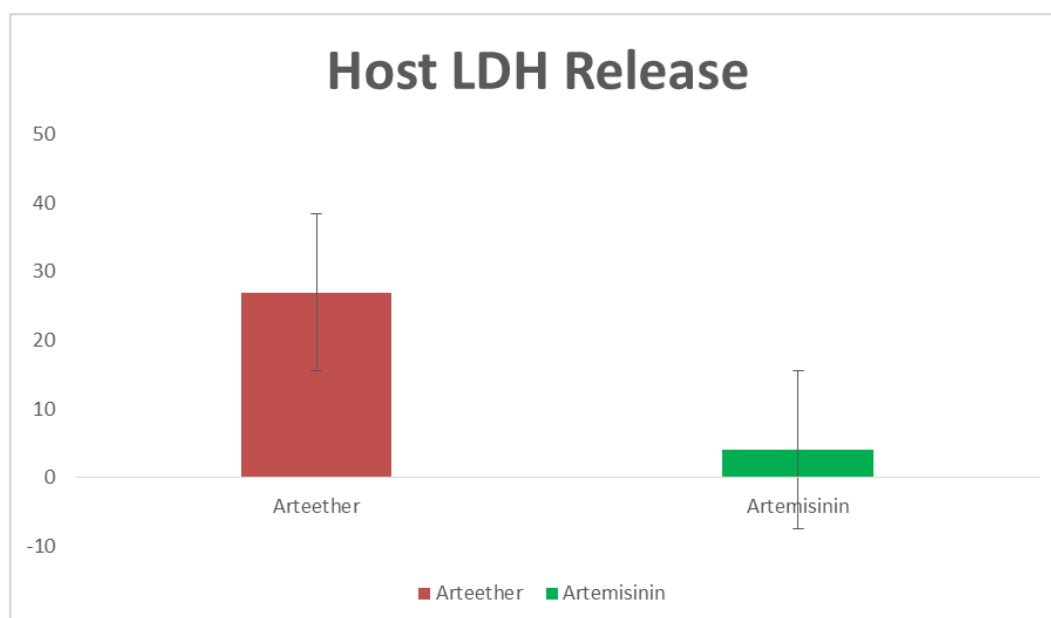
Readout: % Hemolysis of maximum (Triton X-100 = 100%); absorbance of free hemoglobin at 540 nm.

Group	Description	% Hemolysis (of Max)	SD	n
G1	Arteether	21	3	3
G2	Artemisinin	3	1	3

**Assay 4 — Host LDH Release from RBCs (Cytotoxicity)**

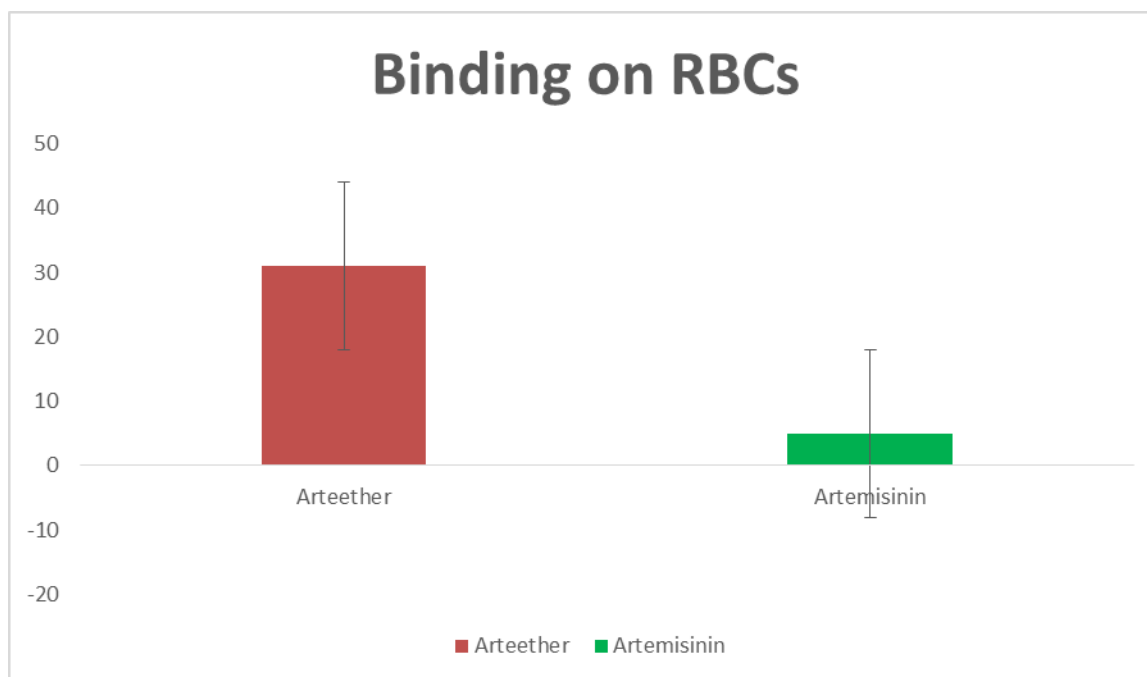
Readout: % of maximal LDH release from uninfected RBCs; indicates membrane damage/lysis.

Group	Description	% Host LDH Release (of Max)	SD	n
G1	Arteether	27	4	3
G2	Artemisinin	4	1	3

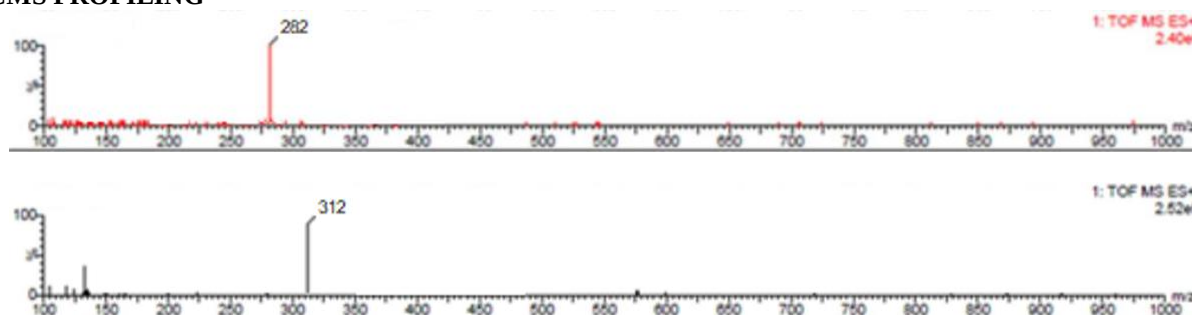
**Assay 5 — Annexin V Binding on RBCs (Eryptosis) (Cytotoxicity)**

Readout: % Annexin V-positive RBCs (phosphatidylserine externalization) by flow cytometry after 24–48 h exposure.

Group	Description	% Annexin V+ RBCs	SD	n
G1	Arteether	31	4	3
G2	Artemisinin	5	1	3



LCMS PROFILING



DISCUSSION

Both *Arteether* and *Artemisinin* demonstrated strong **antiplasmodial activity**, significantly reducing parasite viability and metabolic function. However, *Arteether* caused considerable RBC membrane damage, reflected by increased hemolysis and LDH leakage. Elevated Annexin V positivity (31%) further confirmed the induction of eryptosis, likely triggered by oxidative stress or membrane destabilization due to *Arteether*'s lipophilic side-chain incorporation into lipid bilayers. In contrast, *Artemisinin* achieved comparable antiparasitic effects with minimal RBC cytotoxicity, emphasizing superior host-cell compatibility. These findings underscore the **therapeutic trade-off** in modifying artemisinin derivatives for prolonged bioavailability versus maintaining selective parasite toxicity.

CONCLUSION

Arteether displays **potent antimalarial efficacy** but with significant erythrocyte cytotoxicity, whereas *Artemisinin* retains **high potency with minimal host-cell toxicity**. The results suggest that while *Arteether* may offer extended pharmacokinetic advantages, its cytotoxic liability limits standalone therapeutic use. *Artemisinin* continues to demonstrate optimal selectivity, supporting

its status as the preferred ACT scaffold. Further research should focus on structural optimization of *Arteether* to enhance safety while preserving its antiparasitic potency.

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